

How can you prepare for surgery?



One way to learn more about your surgery is to ask your doctor and care team questions.

Here are some questions you might ask:

- What medical and surgical options are available for me?
- Which is best for my situation?
- What are the differences between open, laparoscopic, and robotic-assisted surgery?
- Should I get a second opinion?
- What am I likely to experience after surgery?
- If I decide to have surgery, how can I prepare for it?
- What is your surgical training and experience? What is your experience with robotic-assisted surgery?
- What are your patient outcomes?

What is endometriosis surgery?

Endometriosis surgery is surgery to remove patches of endometrial tissue (tissue that is typically found inside the uterus) growing outside of the uterus.

The main types of endometriosis surgery include:

- Endometriosis resection (a procedure to remove endometriosis patches)
- Hysterectomy (a procedure to remove the uterus and possibly nearby organs)

With endometriosis, surgery is the only way to be certain endometriosis is causing your symptoms.² If you have been diagnosed with endometriosis, you should discuss all options with your doctor, including surgery.

If you are a candidate for surgery, your surgeon may recommend:



Open surgery

Surgeon makes an incision in your abdomen large enough to see the endometriosis patches and performs the procedure using hand-held tools



Laparoscopic surgery

Surgeon makes a few small incisions in the abdomen and operates using special long-handled tools while viewing magnified images from the laparoscope (camera) on a video screen



Robotic-assisted surgery

Surgeon controls the da Vinci system to perform the procedure

References

1. Patient FAQs: Endometriosis. American College of Obstetricians and Gynecologists. Web. 27 April 2020. <https://www.acog.org/patient-resources/faqs/gynecologic-problems/endometriosis>
2. Health Topics: Endometriosis. Office on Women's Health. U.S. Department of Health & Human Services. Web. 27 April 2020. <https://www.womenshealth.gov/a-z-topics/endometriosis>

Surgical Risks

Risks associated with endometriosis resection surgery include injury to the bowel, bladder (organ that holds urine) or ureters (the ureters drain urine from the kidney into the bladder).

Important Safety Information

Patients should talk to their doctors to decide if da Vinci Surgery is right for them. Patients and doctors should review all available information on nonsurgical and surgical options and associated risks in order to make an informed decision.

Serious complications may occur in any surgery, including da Vinci Surgery, up to and including death. Serious risks include, but are not limited to, injury to tissues and organs and conversion to other surgical techniques, which could result in a longer operative time and/or increased complications. For important safety information, including surgical risks, indications, and considerations and contraindications for use, please refer to www.intuitive.com/safety.

Individuals' outcomes may depend on a number of factors, including but not limited to patient characteristics, disease characteristics and/or surgeon experience.

Precaution Statement

The demonstration of safety and effectiveness for the representative specific procedures was based on evaluation of the device as a surgical tool and did not include evaluation of outcomes related to the treatment of cancer (overall survival, disease-free survival, local recurrence) or treatment of the patient's underlying disease/condition. Device usage in all surgical procedures should be guided by the clinical judgment of an adequately trained surgeon.

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Take care of you

Understand if surgery to remove endometriosis is right for you.

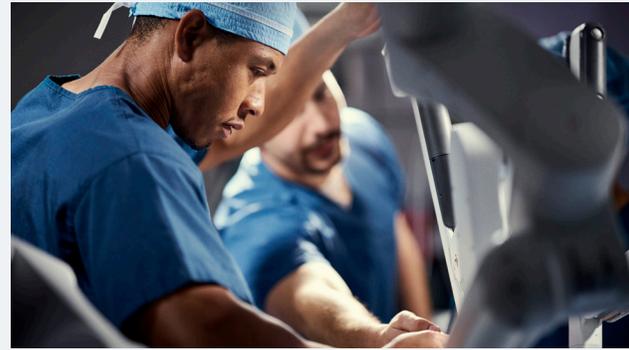
Is it time to explore your options?

Doctors aren't sure why about one in ten women develop endometriosis during their reproductive years, but for those who have it, life can be difficult. Many women with endometriosis have no symptoms. For those who do, common symptoms include chronic pelvic pain, especially around menstrual periods; heavy menstrual bleeding; pain during sex; and fertility issues. It's estimated that almost 40% of women with infertility have endometriosis.¹

If your doctor suspects an endometriosis diagnosis and you're exploring your options, surgery to remove endometriosis (called endometriosis resection or excision) may be a possibility. If your doctor suggests robotic-assisted surgery with da Vinci technology, this brochure can help you understand what that means.



What will my surgeon do?



If you and your doctor decide that robotic-assisted surgery is right for you, here is what may happen.

—
Actual
incision size

During robotic-assisted surgery with the da Vinci system, your surgeon makes a few small incisions, then uses a 3DHD camera for a crystal-clear, magnified view of your uterus and lower abdomen.



Your surgeon sits at a console next to you and operates through the incisions using tiny instruments and the camera.



The da Vinci system translates every hand movement your surgeon makes in real time, bending and rotating the instruments so he or she can remove the endometriosis patches.

What is the da Vinci system?

It is a surgical system with three parts:

Surgeon console

Is the control center where your surgeon sits to perform the operation.

Patient cart

Holds the camera and surgical instruments your surgeon controls from the console.

Vision cart

Manages the communication between all the system components and provides a screen for the care team to view the operation.

What are the outcomes?

Be sure to talk with your surgeon about the surgical outcomes he or she delivers by using the da Vinci system, as every surgeon's experience is different. For example, ask about:

- Length of hospital stay
- Chance of switching to an open surgery
- Complication rate
- Length of surgery

There are additional outcomes of surgery that you may want to talk with your doctor about. Please ask him or her about all important outcomes of surgery.

To find out more about surgery with the da Vinci system, visit the Endometriosis Resection page on www.davincisurgery.com.



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