



**Hansson  
DC Nail  
System<sup>®</sup>**

*Swemac*

# Hansson DC Nail System<sup>®</sup>

**The Hansson Dynamic Cephalomedullary (DC) Nail System is an intramedullary system designed to address trochanteric, subtrochanteric and combined trochanteric-subtrochanteric fractures. The system incorporates new technologies covered by seven patents.**

The Hansson DC Nail System provides three different types of intramedullary Nails (Short, Superior Lock & Long) which can be combined with either the Hansson Twin Hook or a Lag Screw for fixation in the femoral head. Both are proven fixation methods when treating hip fractures.

The intramedullary Nails are available in different sizes to give the surgeon full flexibility in selecting the most appropriate implant combination based on the fracture pattern and patient anatomy. The instrumentation provided allows for a minimally invasive surgical procedure and the ability to incorporate axial dynamisation along the axis of the femoral shaft through the creation of a notch in the lateral femoral cortex.



**Advanced  
Dynamisation**

## **A new dynamic function – Advanced Dynamisation**

Allows continuous compression along the axis of the femoral shaft through the creation of a notch in the lateral femoral cortex.

## **A new type of nail – Superior Lock Nail**

Combines the surgical simplicity of a short nail with the advantages of a long nail.

## **Proven proximal fixation – Hansson Twin Hook®**

Provides enhanced rotational stability.  
Requires no rotational force during insertion.

## **Lag Screw with a self-cutting compression thread**

Designed to overcome the strength reduction in the cancellous bone caused by osteopaenia or osteoporosis.

## **Next generation instrumentation**

Includes innovative instrumentation designed to allow a safe and minimally invasive procedure with reduced soft tissue irritation.

# Product overview

## Hansson DC Nails



### Short Nail

- Proximal diameter 15.9 mm
- Distal diameter 11 mm
- One length (180 mm)
- CCD angle 125° (\*)
- Medial/Lateral (ML) bend 4°
- Universal left and right use

### Superior Lock (SL) Nail

- Proximal diameter 15.9 mm
- Distal diameter 10 mm (tapers to 9.5 mm distal to the distal locking hole)
- Lengths 240-480 mm in 20 mm increments (left & right)
- CCD angle 125° (\*)
- Medial/Lateral (ML) bend 4°
- Radius of curvature (ROC) 1250 mm
- 3° bend at distal tip
- Distal locking hole is located at the same level as the short Nail and is locked using the Targeting Device

### Long Nail

- Proximal diameter 15.9 mm
- Distal diameter 11 mm
- Lengths 240-480 mm in 20 mm increments (left & right)
- CCD angle 125° (\*)
- Medial/Lateral (ML) bend 4°
- Radius of curvature (ROC) 1450 mm
- 3° bend at distal tip
- Anteversion 15°

*\* At market introduction all Nails are only available with a CCD angle of 125°. However the instrumentation is designed for the future addition of 120° and 130° Nails.*

## End Cap

End Caps are provided in four different sizes: +0 mm, +5 mm, +10 mm and +15 mm.

## Pre-loaded Set Screw

All Hansson DC Nails are supplied with the Set Screw preassembled. The Nail and Set Screw are offered as one unit under one article number in sterile packaging,

## Anti Rotation Wire hole

All Hansson DC Nails have an Anti Rotation Wire hole which allows the dedicated Anti Rotation Wire provided with the system to stabilise the femoral head when drilling and inserting the Lag Screw.

## Locking Screws

Self-cutting and fully threaded  $\varnothing 5$  mm Locking Screws are offered in 2 mm increments from 26 to 70 mm and in 5 mm increments from 75 to 125 mm.

## Hansson Twin Hook<sup>®</sup>

The Hansson Twin Hook has a diameter of 10.75 mm and offered in lengths from 75 to 130 mm in 5 mm increments.

## Lag Screw

The Lag Screw has a diameter of 10.75 mm and offered in lengths from 70 to 130 mm in 5 mm increments.

# A new dynamic function

## Advanced Dynamisation

The Rate of Fixation Failure when using intramedullary nails in AO / OTA 31-A1 / A2 / A3 fractures is approximately 6-8%. 80% of these are caused by 'cut-out'. Other causes include non-union, femoral shaft fracture, implant fatigue, severe collapse and shortening. (Ref. 1)

Most of these complications are a result of the implant not being able to transfer the load to the bone. (Ref. 2)

Why are intramedullary nails unable to transfer load to the bone using the standard technique?

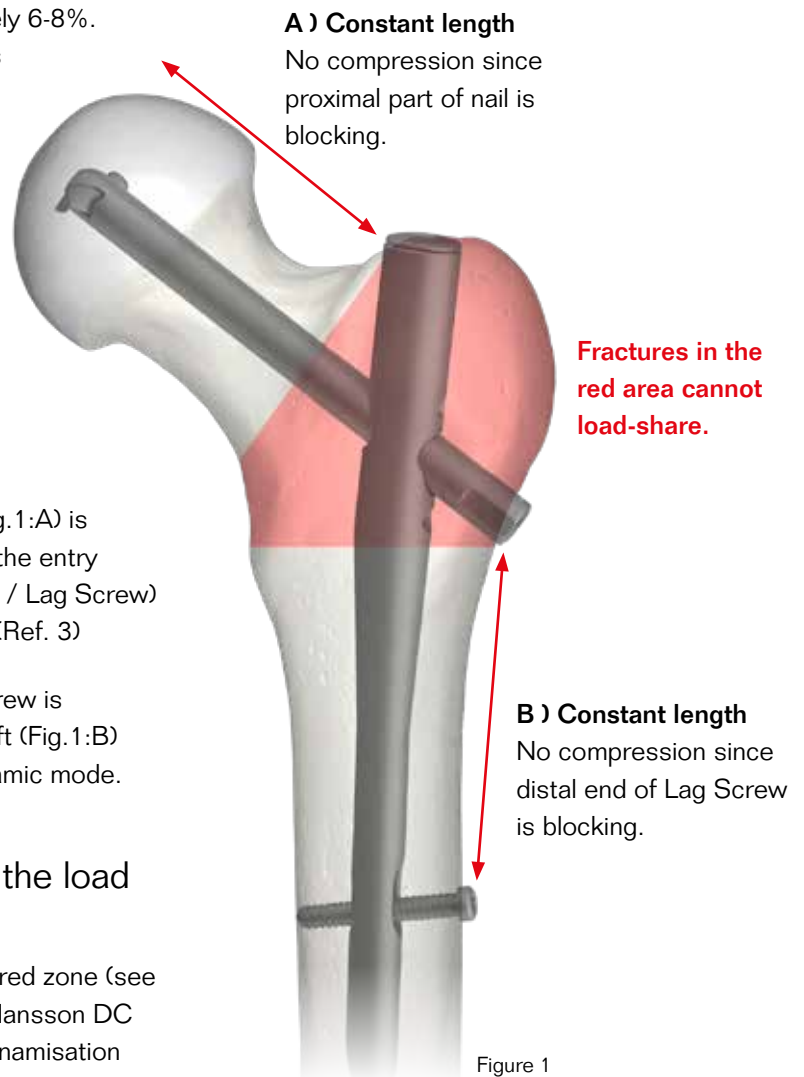
Dynamisation along the axis of the femoral neck (Fig. 1:A) is prevented because the proximal part of the Nail (at the entry point) and the proximal fixation (Hansson Twin Hook / Lag Screw) are both situated in the proximal fracture fragment. (Ref. 3)

The distal end of the Hansson Twin Hook or Lag Screw is blocking dynamisation in the axis of the femoral shaft (Fig. 1:B) even when the distal locking screw is placed in dynamic mode.

Advanced Dynamisation can transfer the load to the bone

Using the standard techniques, dynamisation in the red zone (see Fig. 1) is not possible. However, all the Nails in the Hansson DC Nail System have the capability of providing axial dynamisation along the axis of the femoral shaft by creating a notch immediately below the entry hole for the Hansson Twin Hook or Lag Screw. This notch, created using dedicated instrumentation, allows the shaft fragment to slide cranially and compress a fracture in the red zone.

Continuous compression of a fracture permits load-sharing and may reduce the risk of fixation failure such as cut-out of the femoral head, non-union, femoral shaft fracture and implant fatigue. (Ref. 4-13)

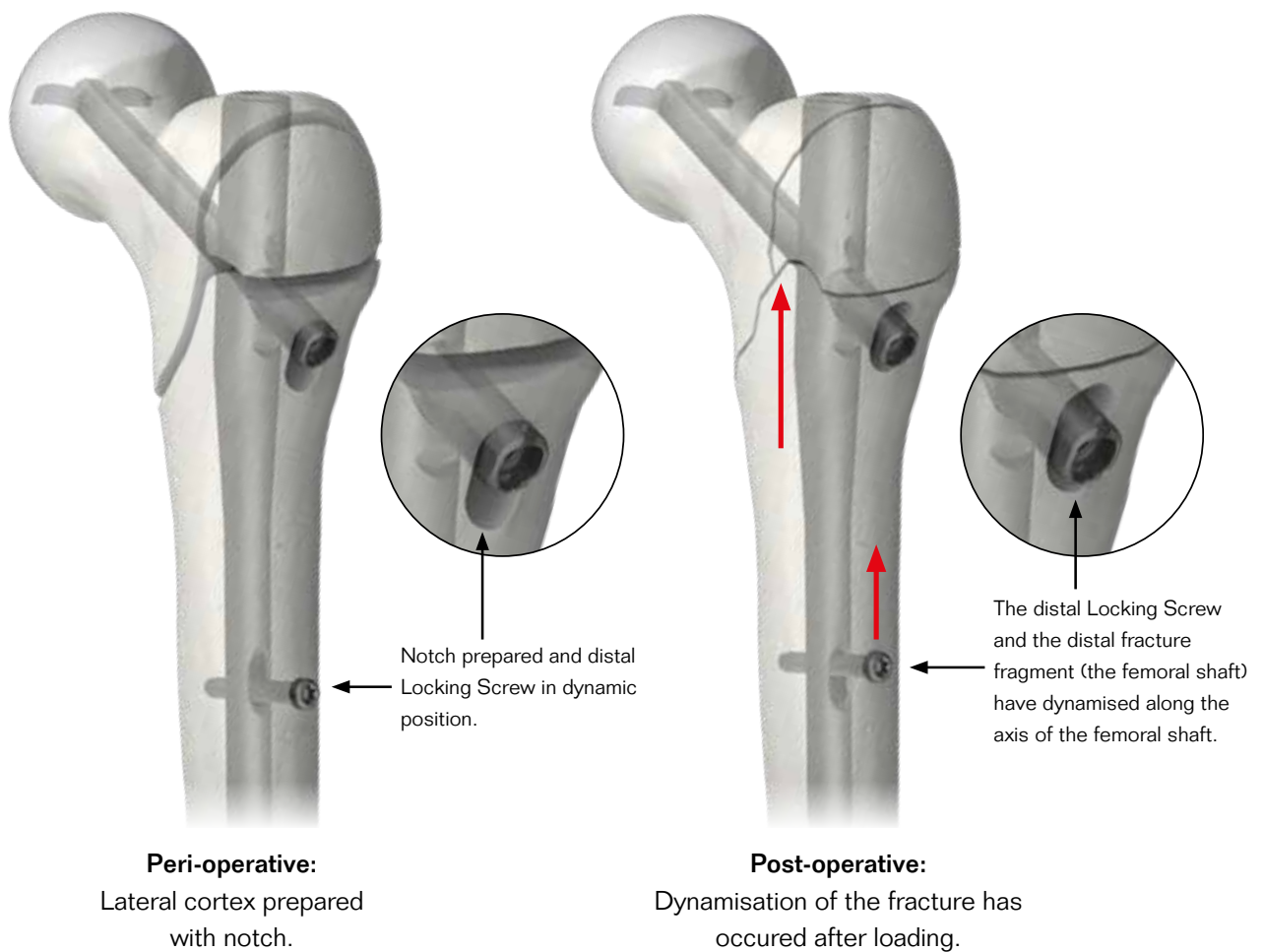


## Creating the notch

In order for Advanced Dynamisation function to be achieved, a notch is prepared in the lateral femoral cortex immediately below the proximal fixation. Dedicated instrumentation to perform this extra step is provided in the Hansson DC Nail System.



Figure 2: A notch is created using dedicated instruments through the Targeting Device, without damaging the nail. X-ray images provided by Dr. Hamada, Kyushu Chuo Hospital, Japan.



# A new type of Nail

## The patented Superior Lock (SL) Nail

The SL Nail has been developed to reduce the risk of peri-implant fractures, swing motion and to offer minimal surgical trauma.

Peri-implant fractures occur in 1.7% of patients when using a short nail for AO/OTA 31-A1 and A2 fractures (Ref. 14). This is due to an increased stress at the tip of the short nail compared to a long nail (Ref. 15-16).

Peri-implant fractures and swing motions have increased the use of long nails in trochanteric hip fractures.

### The distal tip of the Short Nail is unable to prevent;

- a stress riser at the tip of the nail (Fig. 3).
- varus angulation if the intramedullary canal is too wide and the nail can shift on the distal locking screw (Fig. 4).
- sagittal swing motion in unstable trochanteric hip fractures with a large posterior lateral fragment\* which allows the short nail to swing around the distal locking screw (resulting in collapse and shortening) (Fig. 5).

### Reduced risk of peri-implant fractures and swing motion

In terms of stability, the SL Nail is comparable to a long nail (the SL Nail is a short nail with a tail). A long nail splints the entire length of the femoral shaft. The SL Nail combines the surgical simplicity of a short nail with the advantages of a long nail.

The length of the SL Nail provides a counterforce against swing motion similar to a long nail. The SL Nail is inserted to the same depth as a long nail and has contact with the cortical bone of the intramedullary canal in several places (Ref. 14).



Figure 3: Stress risers at the tip of the Short Nail

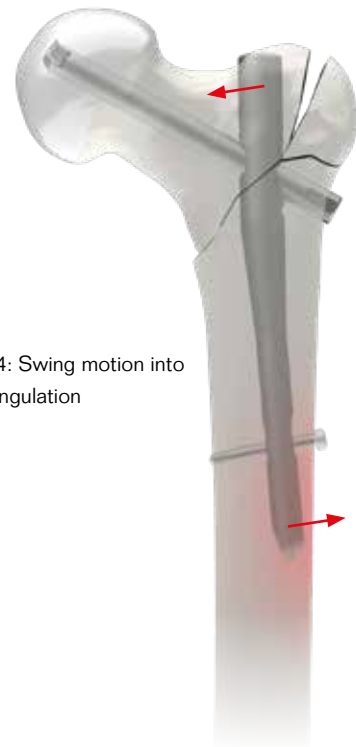


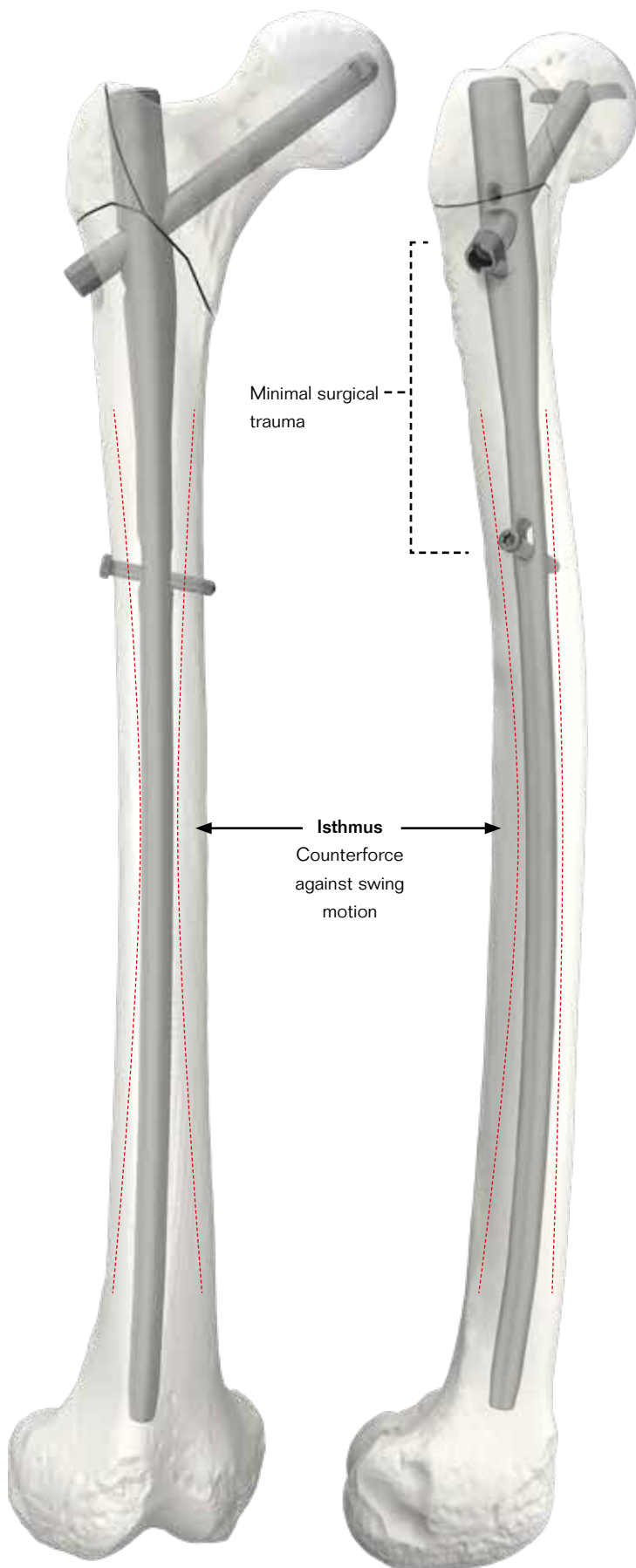
Figure 4: Swing motion into varus angulation



Figure 5: Sagittal swing motion

\* Nakano (3D-CT) Classification 3B and 4 with Ikuta Classification Subtype P.





## Minimal surgical trauma

In terms of surgical trauma, the SL Nail is effectively acting like a short nail and the distal screw can be inserted through the Targeting Device. A short nail offers minimal surgical trauma compared to a long nail (Ref. 17-23) and can;

- minimise the use of flexible reamers which subsequently reduces the risk of systemic inflammatory response syndrome.
- reduce surgical time by approximately 15-20 minutes.
- reduce fluoroscopy time.
- reduce the risk of infection.
- reduce blood loss and the need for blood transfusion.
- reduce postoperative pain.
- allow for early mobilisation.

## Precise anatomical fit

All SL Nails have a RoC of 1250 mm (Long Nails 1450 mm) between the distal locking hole and 40 mm from their tip, where they bend 3° to avoid contact with the anterior cortex. This 40 mm section of the nail is the same on all nail lengths which, if included in the calculation of the RoC, gives a unique true RoC for each individual SL Nail length. This is designed to both improve the anatomical fit (Fig. 6) and ease insertion (Ref. 24-25).

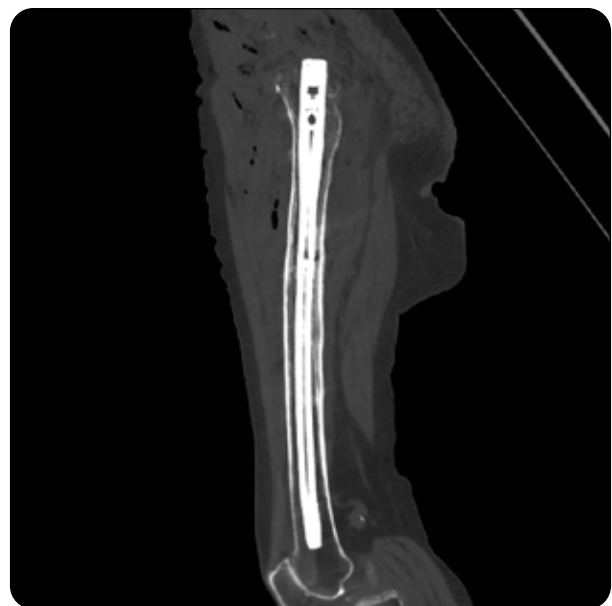


Figure 6: The SL Nail is centered in the femoral shaft and the tip is angled away from the anterior cortex. CT Scan provided by Dr. Oroku Junpei, Kaisei General Hospital, Japan.

# Proven proximal fixation

## Hansson Twin Hook®

Fixation failure is the most common complication in the treatment of hip fractures. The Hansson Twin Hook has been developed to achieve strong, stable fixation and overcome the strength reduction in cancellous bone caused by osteoporosis.

## Enhanced rotational stability

The Hansson Twin Hook provides 100-200% more rotational resistance than a lag screw (Ref. 26).

### Subchondral bone contact

The hooks are positioned anteriorly and posteriorly in the femoral head and the total span of the two is 28-32 mm. The hooks achieve purchase in both the cancellous and subchondral cortical bone and thus provide excellent support against varus angulation and rotation around the femoral neck and head axis (Fig. 7).

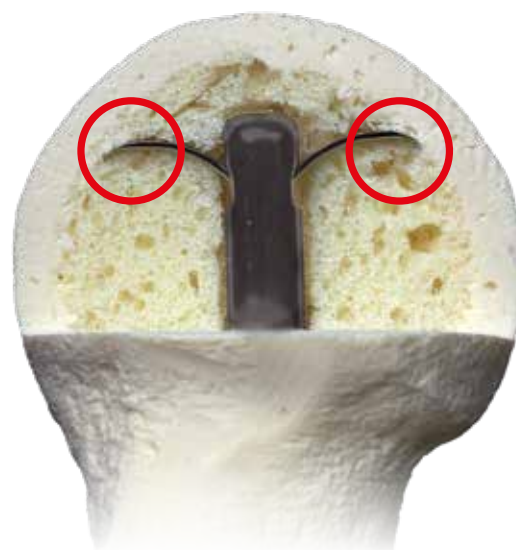


Figure 7. The hooks will be in contact with both cancellous and subchondral bone in the femoral head.

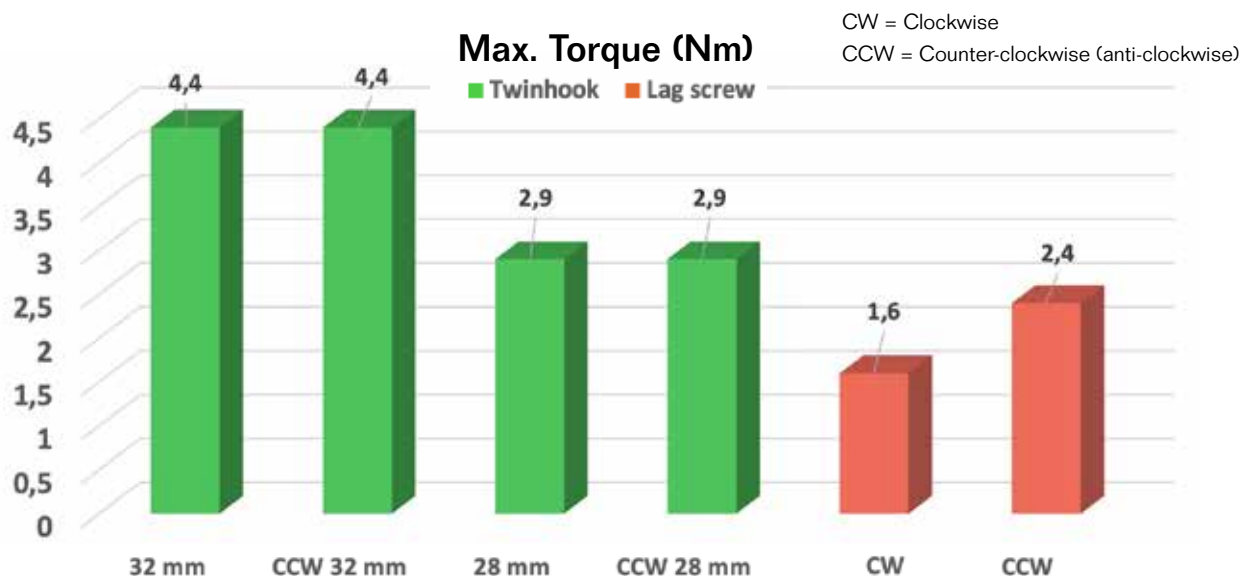


Figure 8: The graph is showing the difference in torque deformation between the Hansson Twin Hook and a lag screw. The test was executed by an ISO 17025 certified independent test laboratory, ENDOLAB GmbH. (Ref. 26)

# Reduced risk of femoral head penetration



Figure 9.

## Gradual bending of the hooks

Even if the outer pin of the Hansson Twin Hook advances into the femoral head, the hooks will gradually bend instead of stripping the bone (Fig. 9). This makes the Hansson Twin Hook a more forgiving and durable implant compared to a compression hip screw (Ref. 27-28).

## 131% larger frontal area

The frontal area of the Hansson Twin Hook is 131% larger (Fig. 10-11) than a compression hip screw providing an increased surface area to prevent penetration or loosening (Ref. 29-30).



Figure 10. The frontal area of the Hansson Twin Hook is 210 mm<sup>2</sup>.

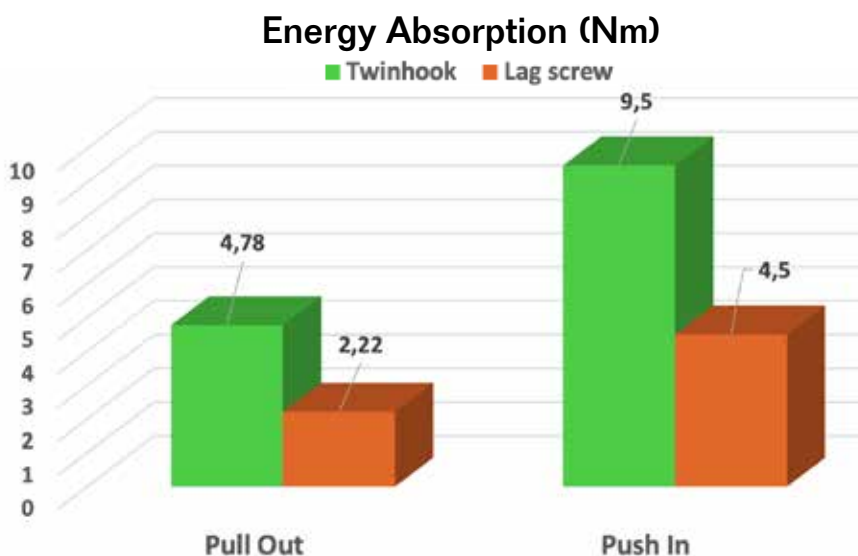


Figure 11. The frontal area of a compression hip screw is 91 mm<sup>2</sup>.

Figure 12. The graph is showing the difference in energy absorption between the Hansson Twin Hook and a lag screw. The test was executed by an ISO 17025 certified independent test laboratory, ENDOLAB GmbH. (Ref. 30)

# No rotational forces during insertion

When inserting a compression hip screw there is a high risk of fracture dislocation (Fig. 13).

The smooth profile of the Hansson Twin Hook allows it to slide into place without twisting or hammering. This subsequently minimises the risk of displacement and improves the chance of preserving femoral head vitality.

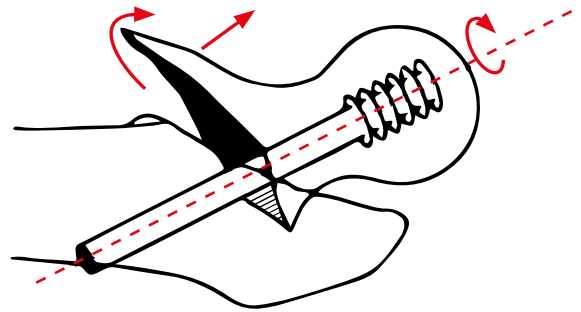
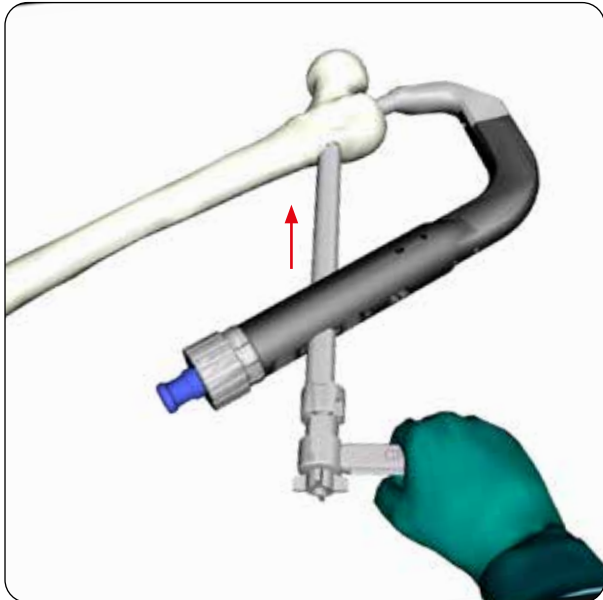
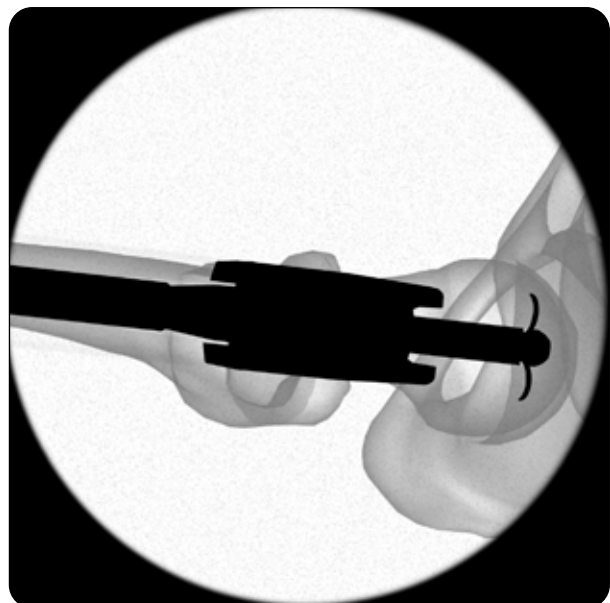
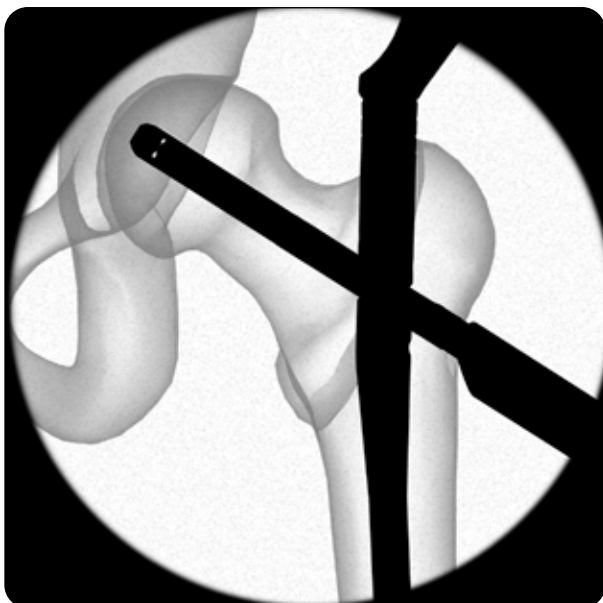


Figure 13.

The Hansson Twin Hook slides into position without twisting or hammering.



The hooks are deployed without any external forces.



# Percutaneous removal procedure

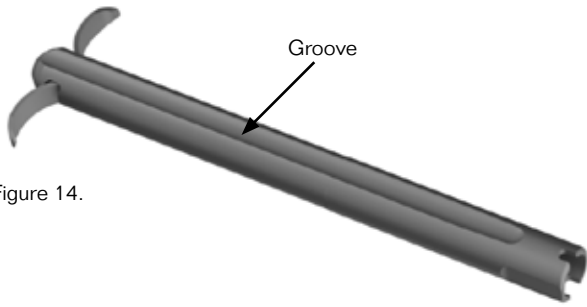
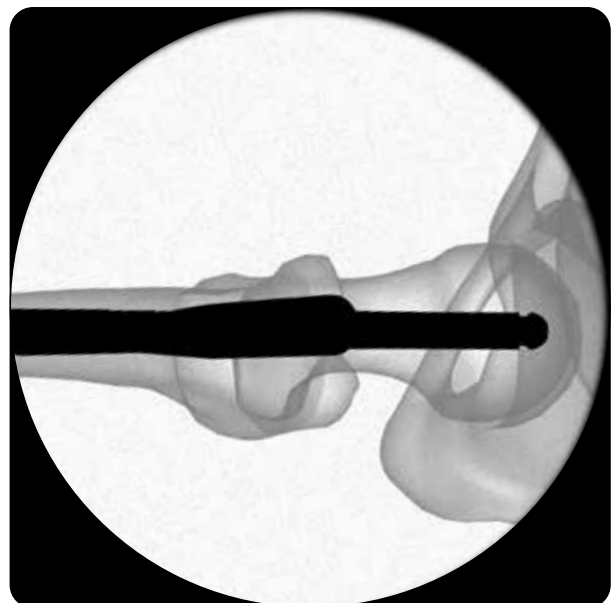
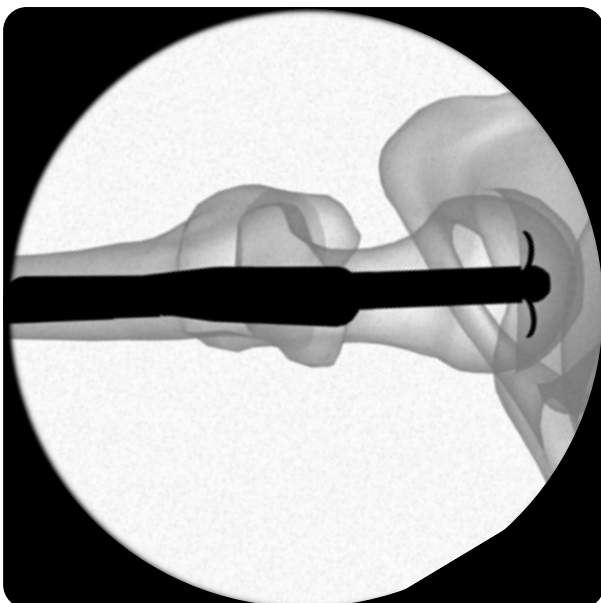
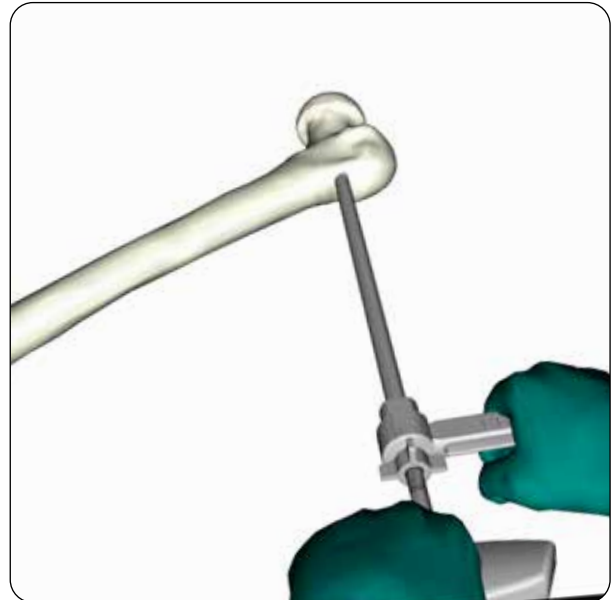
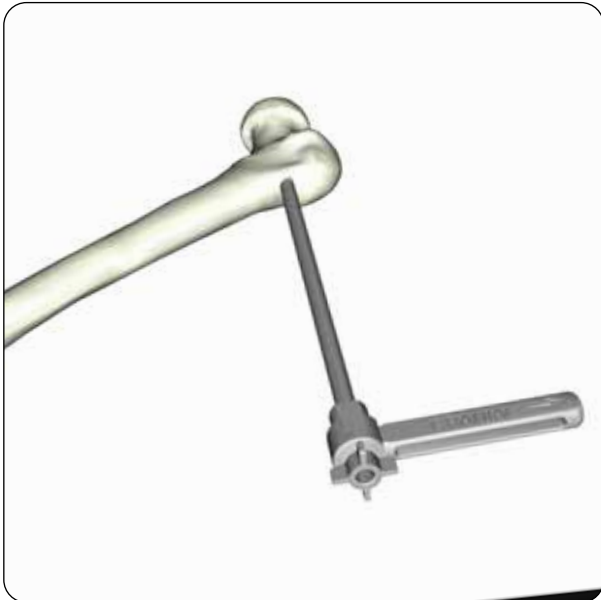


Figure 14.

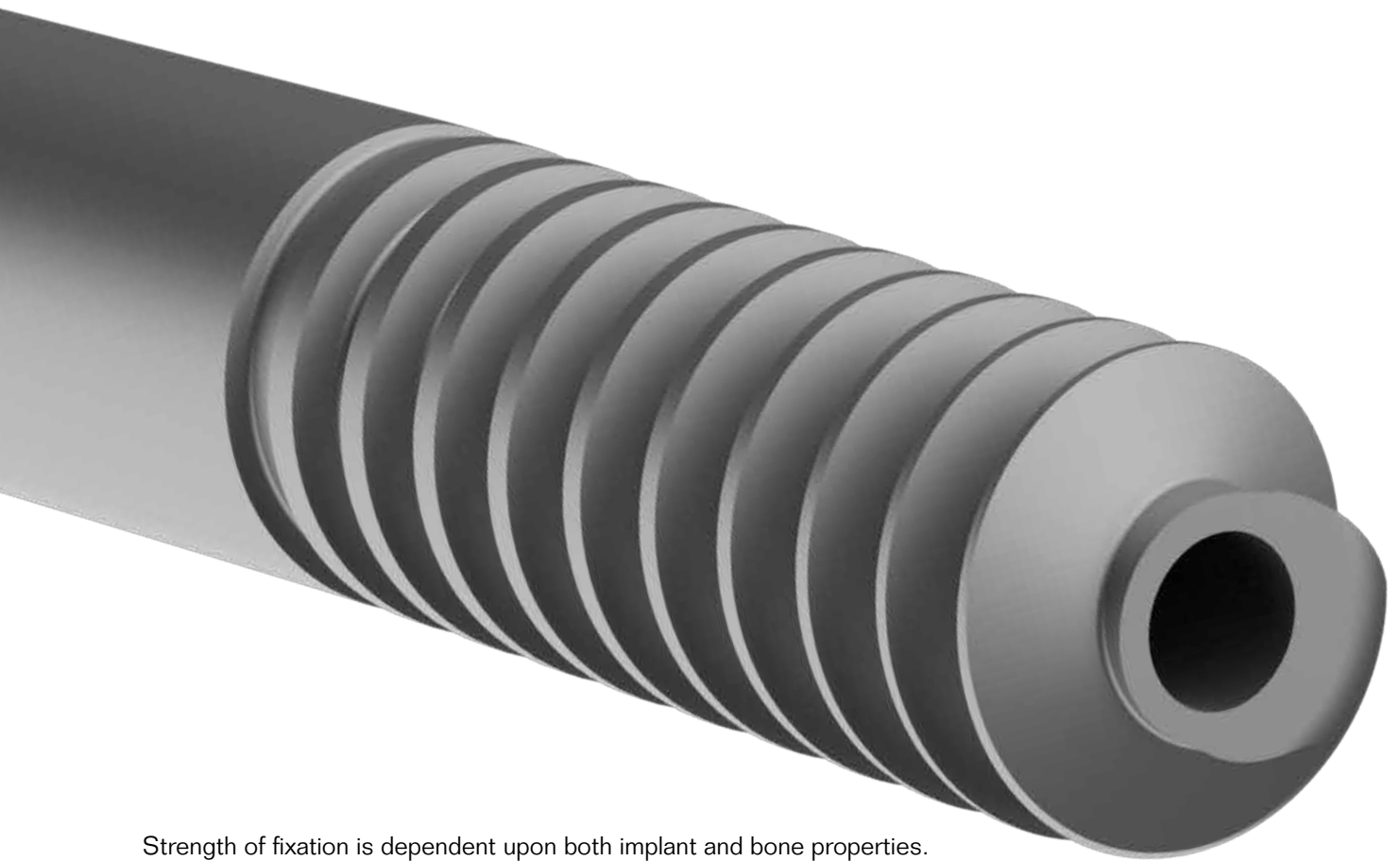
The Hansson Twin Hook can be removed using the introducer assembly through a 10 mm skin incision through the scar where the implant was previously introduced. There is no need to unscrew the set screw in order to remove the Hansson Twin Hook because the groove on the implant continues all the way to the tip (Fig. 14).

In the case that a Hansson Twin Hook is removed because of femoral head penetration, it is possible to insert a new shorter Hansson Twin Hook percutaneously.



# Hansson DC Nail Lag Screw

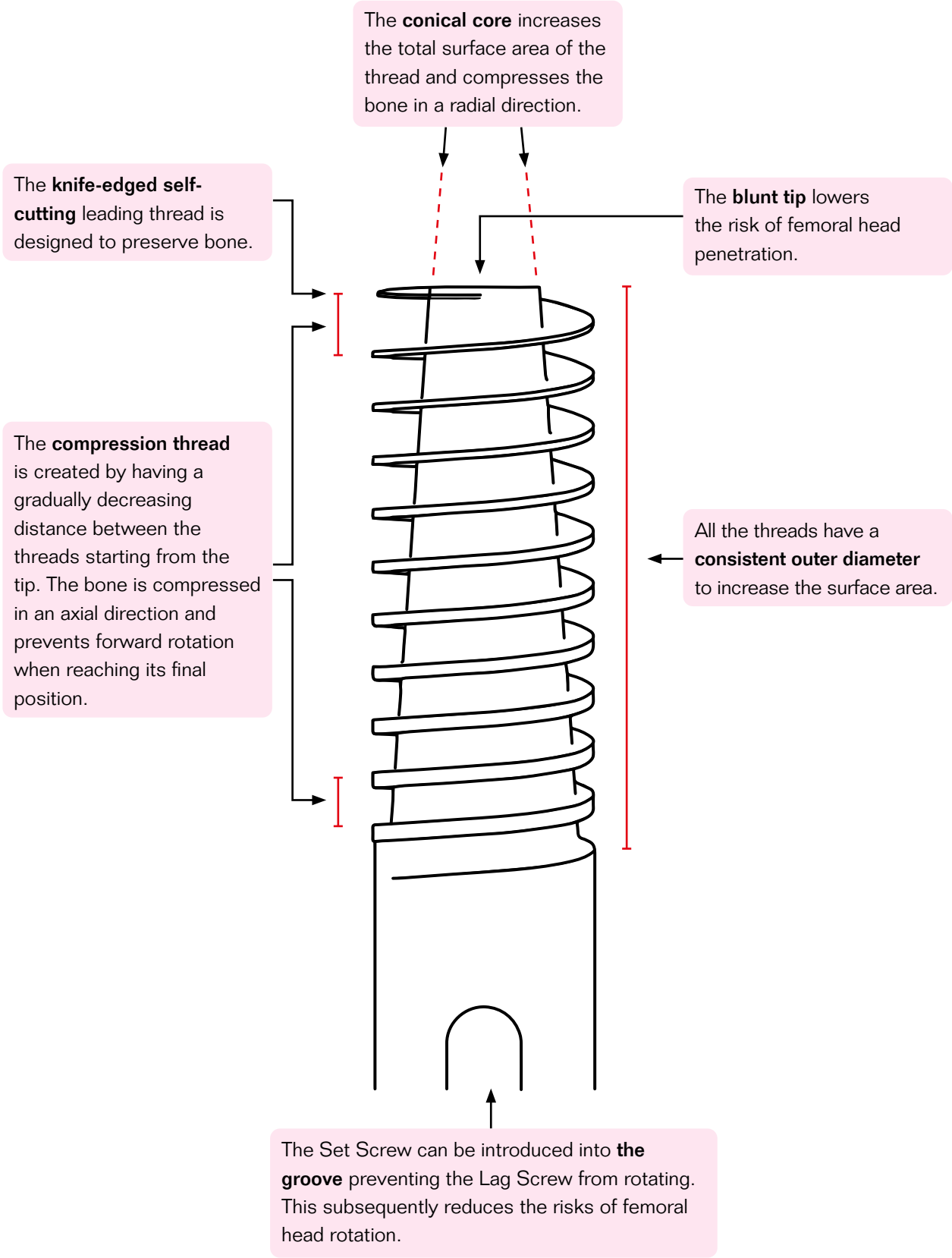
Fixation failure is the most common complication in the treatment of hip fractures. The patented Hansson DC Nail Lag Screw has been developed to optimise fixation in the femoral head, even in osteoporotic bone. This has been achieved by increasing the surface area of the thread and designing the implant to compress the cancellous bone in both the axial and radial directions during insertion (Ref. 31).



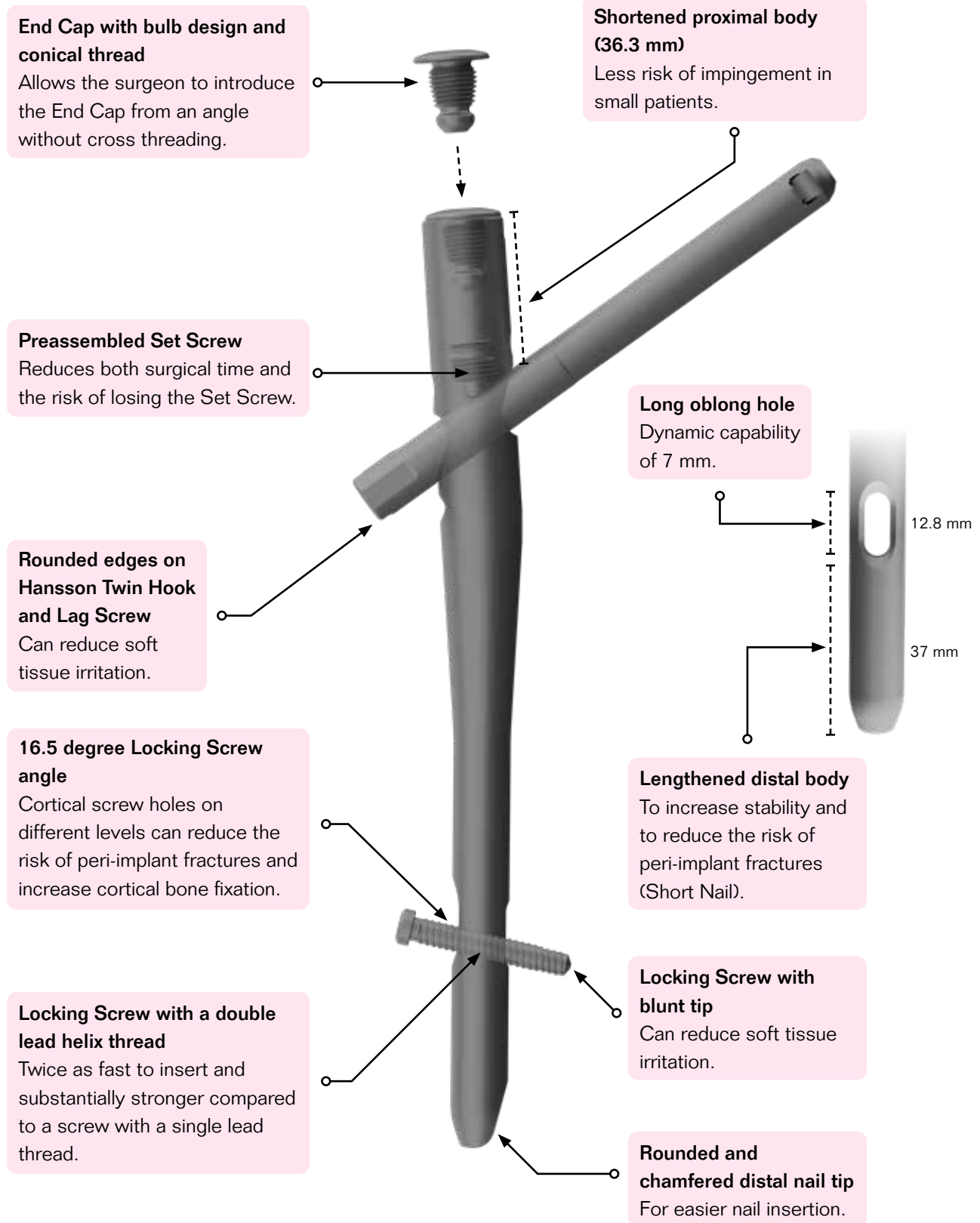
Strength of fixation is dependent upon both implant and bone properties. If too much bone trabeculae is removed, the interaction between bone and implant may be impaired (Ref. 32).

The special design of the conical Cannulated Drill and the Lag Screw have been developed to minimise the disruption of the bone trabeculae and thus improve the fixation.

The Hansson DC Nail Lag Screw has six unique features designed to improve the holding power in the femoral head.



# Other features and benefits





**Anti Rotation Wire hole for Lag Screw**

By inserting an Anti Rotation Wire through the nail, rotation of the femoral head fragment can be prevented when introducing a Lag Screw.

**Mechanical stop for Milling Cutter**

The mechanical stop ensures that the Nail is not damaged during the milling procedure.

**The SL Nail has a 9.5 mm diameter from below the locking screw hole**

Can reduce the need to use flexible reamers.

**3 degree bend at the distal tip of the SL Nail**

Can reduce the risk of nail penetration by moving the distal nail tip towards the centre of the intramedullary canal.

**Proximal fixation hole**

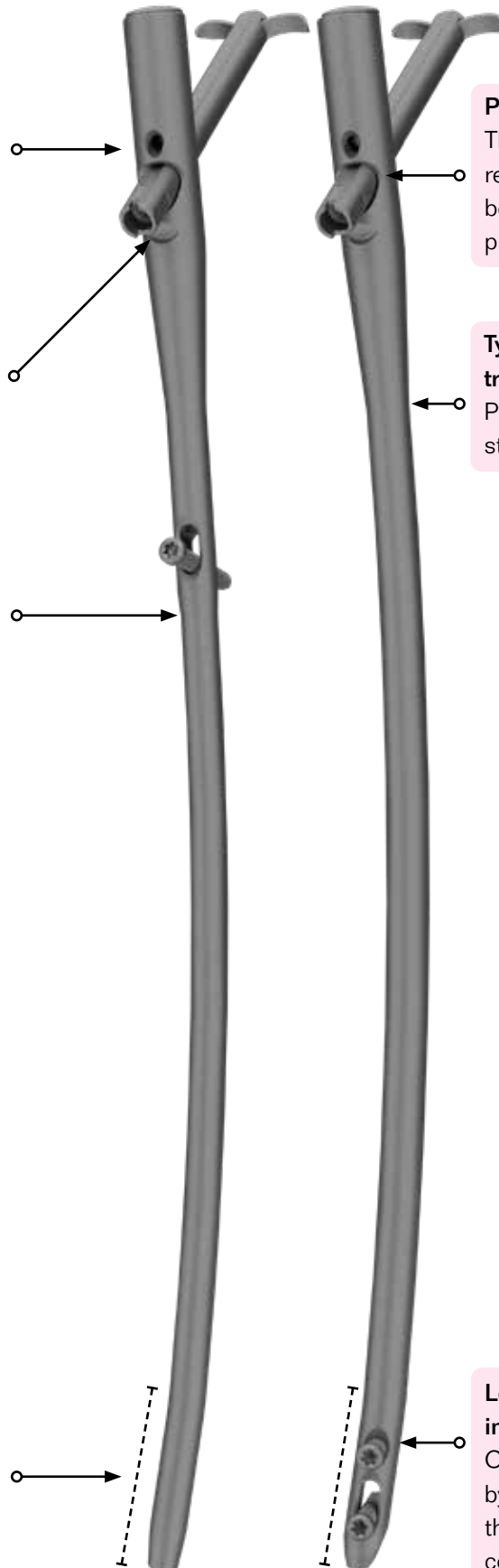
The unique wave design will reduce stress at the junction between the nail and the proximal fixation.

**Type II anodized surface treatment**

Prevents ongrowth of bone and strengthens the nail.

**Locking Screws in 2 mm increments**

Can reduce soft tissue irritation by optimising the length of the screw outside the medial cortex.



# Next generation instrumentation



**Generous lateral and proximal soft tissue clearance**  
One size Targeting Device Arm for all patients.

**Slim post**  
The post has the same width as the Nail which permits a small incision and the ability to enter the bone for optimal placement of the proximal fixation.

**Designed for high stiffness**  
To maintain accuracy.

**Positioning Guide AP**  
Dedicated holes for attachment.

**Ø3.5 mm Threaded Guide Wire**  
Reduced deflection and skiving compared to a Ø3.2 mm Guide Wire.

**Secure Targeting Device Knob**  
Attached by snap fit and does not need to be removed during the surgical procedure.

**One Targeting Device Sleeve**  
Proximal and distal fixation through the same sleeve.

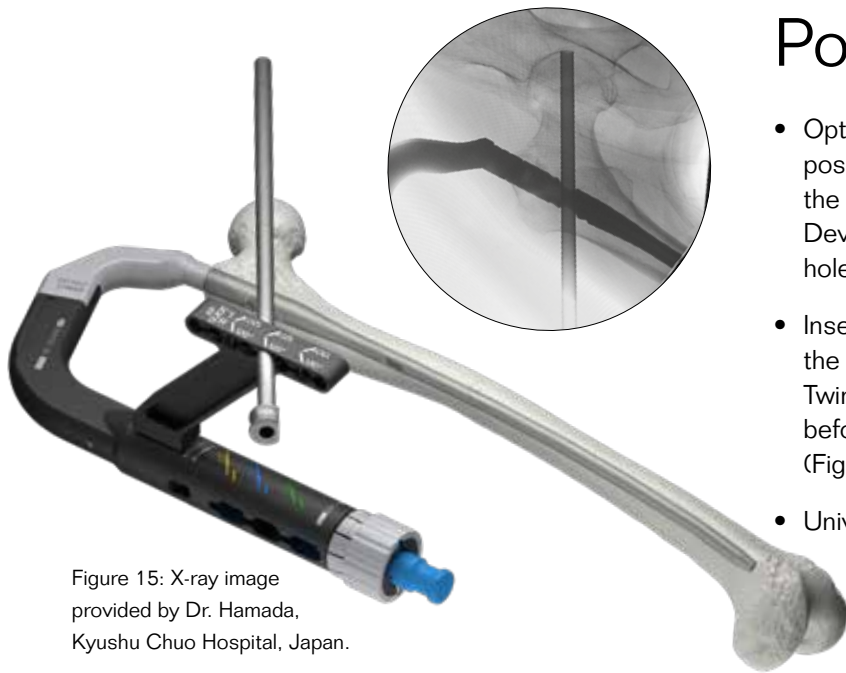


Figure 15: X-ray image provided by Dr. Hamada, Kyushu Chuo Hospital, Japan.

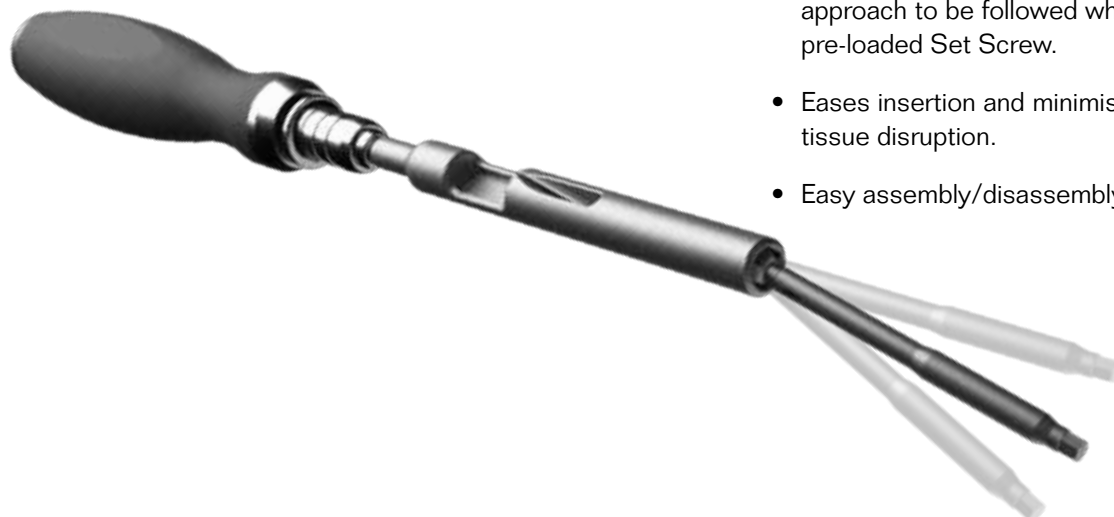
## Positioning Guide AP

- Optional guide to assist in achieving optimal position of the Hansson Twin Hook/Lag Screw and the correct Nail depth. Attaches to the Targeting Device Arm by inserting its two pins into dedicated holes (see page 18).
- Insertion of the Positioning Guide AP - Tube allows the surgeon to visualise the position of the Hansson Twin Hook/Lag Screw under image intensification before insertion of the Threaded Guide Wire (Fig. 15).
- Universal use in left and right applications.



## Guide Wire Driver - Handle

- Grasps the Ball Tip Guide Wire to ease insertion.
- Ergonomic single action self-retaining clamping mechanism.
- Easy assembly/disassembly for cleaning.



## Flexible Screwdriver

- Allows the exact pathway of the surgical approach to be followed when tightening the pre-loaded Set Screw.
- Eases insertion and minimises additional soft tissue disruption.
- Easy assembly/disassembly for cleaning.

# Case 1 - AO/OTA - 31A 1.2



76 year old female who sustained a 2-part trochanteric fracture.



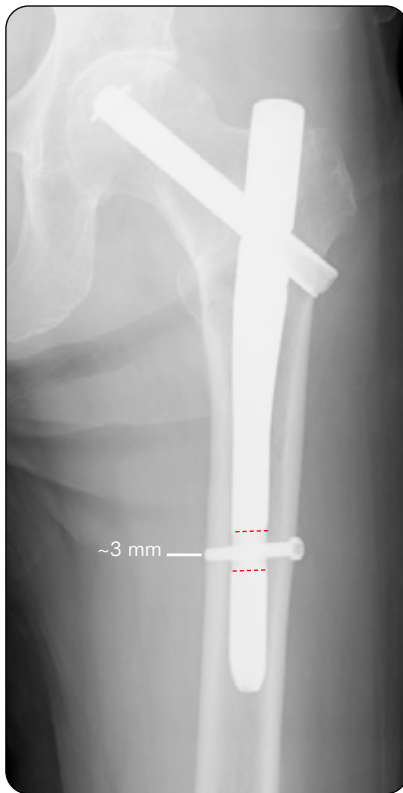
**Pre-operatively.** 3D reconstruction anterior surface.



**Pre-operatively.** 3D reconstruction posterior surface.



**Post-operatively.** A Short Nail with Hansson Twin Hook was used. A notch has been created in the lateral cortex below the Hansson Twin Hook.



**2 weeks post-operatively.** ~3 mm of Advanced Dynamisation has occurred and the fracture gap is closed.



**5 weeks post-operatively.** ~4 mm of Advanced Dynamisation has occurred.

# Case 2 - AO/OTA - 31A 2.1



85 year old female who sustained a 3-part trochanteric fracture.



**Pre-operatively.** 3D reconstruction anterior surface.



**Pre-operatively.** 3D reconstruction posterior surface.



**Post-operatively.** An SL-Nail with Hansson Twin Hook was used. An axial notch has been created in the lateral cortex below the Hansson Twin Hook.



**2 weeks post-operatively.** ~5 mm of Advanced Dynamisation has occurred and the fracture gap is closed.



**7 weeks post-operatively.** ~6 mm of Advanced Dynamisation has occurred.

Case reports provided by:  
Dr. Oroku Junpei  
Kaisei General Hospital, Japan

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