

# TruShot™ with Y-Knot®

All-In-One Soft Tissue Fixation System for Small Joint

The NEW TruShot™ with Y-Knot® features strong¹ all-suture anchors, an all-in-one delivery system to simplify anchor placement, and TruShot™ with Y-Knot® Shallow configurations that boast a shallow 10mm tunnel.















To learn more about these and other innovative products, call 800-237-0169 or visit CONMED.com.

<sup>&</sup>lt;sup>1</sup> Data on File; TR18-00573.





CROWN TIP DRILL GUIDE

Designed to ensure maximum

grip on bone surface

## NEW Introducing TruShot™ with Y-Knot®

# A Big Innovation for Small Joint Procedures



CONMED's TruShot all-in-one deployment technology is redefining efficiency and accuracy in the OR.

By eliminating unnecessary steps, this system simplifies anchor placement while the small all-suture anchors provide the strong fixation surgeons need. TruShot's simple all-in-one technique offers surgeons a solution that works exactly the way they want it to.







SHALLOW 10MM DRILL DEPTH

# Why TruShot™ with Y-Knot® for Small Joint?

### All-In-One Delivery Eliminates Unnecessary Steps and Extra Time

- Drill guide, drill bit and anchor are combined into an easy-to-use delivery system
- Reduces the risk of misalignment during drilling and anchor insertion

#### **Shallow Anchor Deployment Technology**

- The configuration of the Y-Knot® Shallow anchor requires only 10mm of tunnel depth
- Unique deployment mechanism deploys the anchor at the bottom of the tunnel to ensure secure fixation
- · Allows anchor placement in areas of limited bone depth

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TruShot confers a major advantage over what is available in the market today. Most anchors are not designed for small joints and require a large hole or implant size that is impractical for fixation in small joints.\*

- Pradeep Alexander, M.D. - Toronto, Ontario Canada

#### **CONMED Hi-Fi® Suture: A Less Abrasive Option**

When compared to a leading competitor, Hi-Fi<sup>®</sup> provides an advantage over FiberWire<sup>®</sup> in terms of abrasiveness.

**CONMED's** #2 Hi-Fi°Suture is

**58**%

**LESS ABRASIVE** 

than Arthrex's #2 FiberWire® Suture.³ **CONMED's #0 Hi-Fi°Suture is** 

**70**%

**LESS ABRASIVE** 

than Arthrex's #0 FiberWire® Suture.3

CONMED'S #2-0 Hi-Fi°Suture is

83%

**LESS ABRASIVE** 

than Arthrex's #2-0 FiberWire® Suture.3

# TruShot™ with Y-Knot® by the Numbers

### Strong Fixation with Less Bone Removal and No Hard Anchors Left Behind

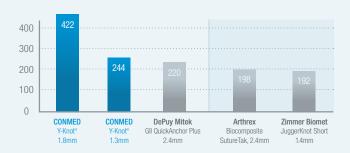
- Strong all-suture construct provides excellent fixation strength¹
- Small size can help improve placement options when bone real estate is limited
- Eliminates the worry of leaving behind hard anchors in the joint





Y-KNOT® ANCHOR FOR STRONG FIXATION

## Average Peak Tensile Load (N)<sup>2</sup>



[ Anchors with #2 Sutures]

[ Anchors with #1 Sutures]

## Average Peak Tensile Load (N)<sup>1</sup>



[ Anchors with #0 Sutures]

[ Anchors with #2-0 Sutures]

# How it Works - Four Simple Steps:

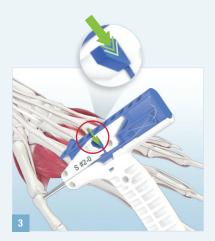
Deployment for TruShot™ with Y-Knot® Shallow Anchors: (S #0, S #2-0)



Using a wire driver, drill your tunnel using TruShot's built-in drill bit, then remove drill bit.



Gently mallet TruShot's built-in anchor cartridge to insert the Y-Knot anchor.



Use the trigger to deploy the anchor, an audible click will confirm deployment.



Remove sutures and needles from device, then remove the device. Apply tension to confirm fixation.

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The TruShot with Y-Knot is drilled and placed using a single device. The simplicity allows for optimal placement of the drill tunnels, there is not metal, and the pull-out strength of the device is outstanding.\*

- Randy Viola, M.D. - Vail, CO

## TruShot™ with Y-Knot®

Indications: Upper & Lower Extremities

This system is ideal for soft tissue fixation procedures of the hand & wrist, elbow, and foot & ankle including:

#### **HAND & WRIST**

- · Collateral Ligament Repair
- · Extensor Tendon Repair
- · Scapholunate Ligament Repair

#### **ELBOW**

- · Biceps Repair
- · Collateral Ligament Repair
- · Epicondyle Repair

#### **FOOT & ANKLE**

- · Achilles Repair
- · Ankle Stabilization

	TRUSHOT 1.3mm	TRUSHOT 1.8mm	TRUSHOT S#0 1.7mm	TRUSHOT S#2-0 1.7mm			
Suture Size	#2	#2	#0	#2-0			
Drill Diameter	1.3mm	1.8mm	1.7mm	1.7mm			
Drill Depth	20 mm	20 mm	10 mm	10 mm			
Hand & Wrist							
Collateral Ligament Repair			X	X			
Extensor Tendon Repair				X			
Scapholunate Repair			X	X			
Elbow	Elbow						
Biceps Repair	X	X	X				
Collateral Ligament Repair	X	X	X				
Epicondyle Repair	X	X	X				
Foot & Ankle							
Achilles Repair	X	X					
Ankle Stabilization	X	X	X				



To simplify your soft tissue fixation technique and try TruShot™ with Y-Knot⁰ in your next case, visit **CONMED.com/TruShot** for more information.







# Ordering Information

Description	Drill Diameter	Drill Depth	Suture Size	Catalog Number			
TruShot™ with Y-Knot® Shallow All-Suture Anchor with Needles							
TruShot™ with Y-Knot®	1.7mm	10mm	one-#0 (3.5 metric) Hi-Fi® Suture w/Needles	YSTN0			
TruShot™ with Y-Knot®	1.7mm	10mm	one - #2-0 (3 metric) Hi-Fi® Suture w/Needles	YSTN20			
TruShot™ with Y-Knot® All-Suture Anchor with Needles							
TruShot™ with Y-Knot®	1.3mm	20mm	one -#2 (5 metric) Hi-Fi® Suture w/Needles	Y13TN			
TruShot™ with Y-Knot®	1.8mm	20mm	two-#2 (5 metric) Hi-Fi® Sutures w/Needles	Y18TN			
TruShot™ with Y-Knot®	1.3mm	20mm	one-#2 (5 metric) Hi-Fi® Suture w/Needles				

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